

Talking to you children about racism. Resource recommendations from our panel.

Disclaimer: Opinions expressed in these resources are those of the authors and do not necessarily reflect those of Bethany Christian Services.

Articles and Infographics

<u>Black parents describe "the talk" with their children, about police;</u> includes references to studies of white bias

George Floyd. Ahmaud Arbery. Breonna Taylor. What do we tell our children?

How well-intentioned white families can perpetuate racism

They're not too young to talk about race: infographic

Book Recommendations

100+ books with characters of color, for readers of all ages

A kids book about racism

Discussing race with young children virtual library

Tools

Anti-racism resources

Beyond the golden rule: teaching for tolerance

How do I talk to my kids about race and racism?

How to help your child cope with tragic news events

How to talk to kids about terrorism, politics, and unrest in the world today

<u>National Child Traumatic Stress Network</u> has many resources, this section of <u>resources for youth</u>

Talking about the unrest in our midst: helping parents help their children

Talking to children about violence: tips for parents and teachers

Talking to kids about tragic events or civil unrest

Teaching tolerance materials for teachers and others who work with children

Videos

<u>Coming Together: Standing Up to Racism.</u> A town hall for kids and families, by CNN and Sesame Street.

How to raise a black son in America by Clint Smith

How to raise kids to be anti-racist: Ibram X. Kendi

Talking to kids about racism by Dr. Tatum